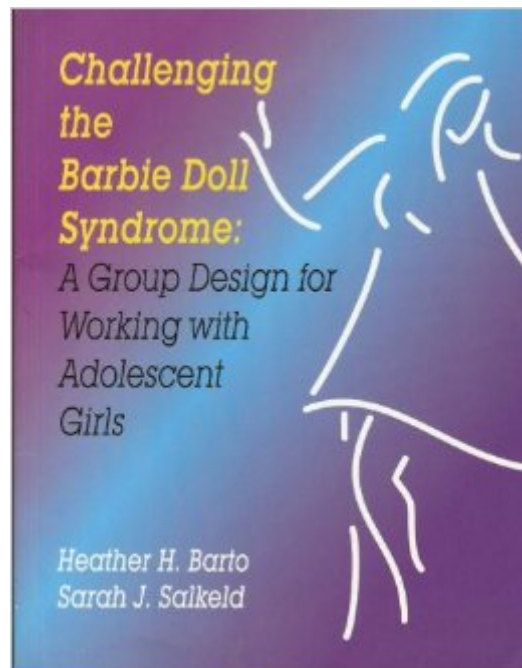


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# Challenging The Barbie Doll Syndrome: A Group Design For Working With Adolescent Girls



## Synopsis

Book by Heather H. Barto

## Book Information

Paperback: 96 pages

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## Customer Reviews

I use this curriculum with a group of sixth and seventh grade girls in a school setting. It is well organized with a simple design that provides enough content to get the girls talking about issues that matter to them. The curriculum acts as a springboard rather than being cumbersome and overbearing as I've found most small group curriculum to be. A great tool for helping adolescent girls begin to unearth and validate their true selves in the midst of a very confusing culture.

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